



NSX



2025

ENGLISH LANGUAGE CAMPS

All-inclusive summer camps combining English learning in and out of the classroom with our range of exciting activities

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English Summer Camps Overview

Our integrated summer camps are designed for students between the ages 8 to 17 to naturally improve their English language proficiency in an engaging and rewarding environment, taking part in a diverse programme of adventure activities and cultural excursions with the option to include EFL lessons to support language development.

Pre-arrival

Your learning starts 4 weeks before you arrive at camp when you will receive your login to your Reallyenglish account

Experience English

Whilst at camp, all our students are integrated with a mix of nationalities and native English-speaking leaders through a blended programme of adventure activity sessions, structured EFL lessons and cultural excursions designed to enhance your students' experience.

In the Classroom

Our EFL courses are accredited by Reallyenglish. EFL lessons are optional for students, but give a fantastic framework for students to develop their English language skills and can provide a qualification by sitting a suitable examination.



Activities & Specialist Camps

All our camps include a variety of NSX core adventure activities such as: quad biking, archery, air rifles, and bushcraft as standard.

We also offer a range of specialist camps combining a focused subject or sport with either EFL lessons or activity sessions - see our sample programme!

Centre		Price	Age	Arrival Dates	Departure Dates
St Joseph's College		£2,250	12 to 17	Sunday 6th July Sunday 20th July Sunday 3rd August	Sunday 20th July Sunday 3rd August Sunday 17th August
<i>Specialist Camps</i>	Football Rugby	+ £450 + £350			
Woodbridge School		£2,250	8 to 13	Sunday 6th July Sunday 20th July Sunday 3rd August	Sunday 20th July Sunday 3rd August Sunday 17th August
<i>Specialist Camps</i>	Football Horse Riding	+ £450 + £450			
Langley School		£2,250	12 to 17	Tuesday 8th July Tuesday 22nd July Tuesday 5th August	Tuesday 22nd July Tuesday 5th August Tuesday 19th August
<i>Specialist Camps</i>	Football Intensive English	+ £450 + £450			
Saint Felix School		£2,250	12 to 18	Sunday 6th July Sunday 20th July Sunday 3rd August	Sunday 20th July Sunday 3rd August Sunday 17th August
<i>Specialist Camps</i>	Football	+ £450			



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Sample Programme

This is a sample programme for our standard 14-night summer camp programme.

	Morning	Afternoon	Evening
1		Arrival and Orientation	Evening Activities For example: talent show, disco, movie night, sports tournament, casino night and campfire
2	English Placement Test	Activity sessions / Specialist Camp	
3	EFL Lessons	Activity sessions / Specialist Camp	
4	EFL Lessons	Activity sessions / Specialist Camp	
5	Full Day Excursion		
6	EFL Lessons	Activity sessions / Specialist Camp	
7	EFL Lessons	Activity sessions / Specialist Camp	
8	Full Day Excursion		
9	Activity sessions / Specialist Camp	EFL Lessons	
10	Activity sessions / Specialist Camp	EFL Lessons	
11	Activity sessions / Specialist Camp	EFL Lessons	
12	Full Day Excursion		
13	Activity sessions / Specialist Camp	EFL Lessons	
14	Activity sessions / Specialist Camp	EFL Lessons	
15	Departure		

It is possible to opt for a "No EFL" package, in doing so, we replace EFL lessons above with Activity sessions.

Programme includes:

- Airport transfers from/to London Heathrow when students arrive/depart at specified times
- 14 nights accommodation
- 24-hour care and supervision
- Full board (special diets can be catered for on request)
- NSX core activity sessions
- Excursions (include transfers, lunch and entrance fees)
- Reallyenglish 10 week course
- English language lessons
- Experienced teaching staff (incl. CELTA / TEFL certified teachers)
- Course materials
- Progress report
- Saturday or Sunday arrivals / departures for groups
- Travel insurance referral upon booking confirmation



We also run 1 week and 3 week programmes.



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St Joseph's College

The camp is set in 60 acres of private grounds and walkable to Ipswich city centre. The college has a feel of traditional boarding school with the accommodation recently being renovated. St Jo's is home to the UK largest U18 rugby festival and makes it the perfect place for us to run our football and rugby courses.

Past Pupils of the School

Lewis Ludlam – England Rugby player

Richard Ayoade – Star of the IT Crowd and Travel Man



Accommodation

- 120 beds with shared bathrooms
- 1 to 4-bedded rooms with single and bunk beds

Language Facilities

- Classrooms for ESL lessons
- Native English Teachers

On-Site Facilities

- Indoor sports hall
- Rugby pitches
- Football pitches
- NSX core activities
- Dining hall

Specialist Camps

- Rugby Camp
- Football Camp

Excursions

- London
- Norwich
- Cambridge

Transfers (traffic dependent)

- London Heathrow: 1 hour 59 minutes
- London Gatwick: 1 hour 51 minutes
- London Stansted: 1 hour 6 minutes

Woodbridge School

This beautiful camp is located in the Suffolk town of Woodbridge and the school can trace its roots back to 1662.

The 45 acre secluded site is perfect for younger travellers and offers some amazing facilities all on the campus. All beds are located within School house (separate floors for boys and girls) which gives the camp a vibrant central focus.

Past Pupils of the School

Desmond Longe – Inspiration for James Bond, 007

Isabella Summers – Florence and the Machine (keyboardist)



Accommodation

- 74 beds with shared bathrooms
- 1 to 5-bedded rooms, with single and bunk beds

Language Facilities

- Classrooms for ESL lessons
- Native English Teachers

On-Site Facilities

- Indoor sports hall
- Astroturf
- Football and Rugby pitches
- NSX core activities
- Dining hall

Specialist Camps

- Horse Riding Camp
- Football Camp

Excursions

- Woodbridge
- London
- Bewilderwood
- Cambridge

Transfers (traffic dependent)

- London Heathrow: 2 hour 16 minutes
- London Gatwick: 2 hour 1 minute
- London Stansted: 1 hour 18 minutes



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Langley School

The school building was built in 1737 for Richard Berney on land originally belonging to Langley Abbey. The school originally called Norwich High School for Boys moved to its current site in 1936. The School's grand grounds and facilities, sit in more than 110 acres of Norfolk countryside is located just outside Norwich.

Past Pupils of the School

Sir John Mills - Actor
Frederic Jevons - Biochemsit



Accommodation

- 110 beds with shared bathrooms
- 1 to 6-bedded rooms, with single and bunk beds

Language Facilities

- Classrooms for ESL lessons
- Native English Teachers
- Computer Suite

On-Site Facilities

- Full size astro-turf
- 3 Rugby and football pitches
- 4 Tennis courts
- Sports hall with multi-sport facilities
- Coffee shop
- NSX core activities
- Dining hall

Specialist Camps

- Intensive English Camp
- Football Camp

Excursions

- London
- Cambridge
- Norwich

Transfers (traffic dependent)

- London Heathrow: 2 hours 30 minutes
- London Gatwick: 2 hours 20 minutes
- London Stansted: 1 hours 35 minutes

Saint Felix School

The school was founded in 1897 as a girls' school by Margaret Isabella Gardiner. Named after Saint Felix, the first bishop of the East Angles in the 7th century, our school's ethos reflects his spirit of resilience and dedication to learning. We offer a full NSX core range. Set in a secure 75-acre campus, within walking distance from the picturesque seaside town of Southwold.

Past Pupils of the School

Nancy Lyle – Wales rugby player
Violet Helen Millar (later Countess Attlee)– wife of Clement Attlee



Accommodation

- 150 beds with shared bathrooms (1:8)
- 2 to 6-bedded rooms, with single and bunk beds

Language Facilities

- Classrooms for ESL lessons
- Native English Teachers
- Recreation Hall

On-Site Facilities

- 75 Acre parkland
- 6-lane 20m swimming pool
- Sports centre
- Football pitches
- NSX core activities
- Dining hall

Specialist Camps

- Football Camp

Excursions

- London
- Norwich
- Cambridge

Transfers (traffic dependent)

- London Heathrow: 2 hour 55 minutes
- London Gatwick: 2 hour 45 minutes
- London Stansted: 1 hour 45 minutes



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Football and English Camp

in Partnership with Ipswich Town Football Club



Equipment Required

- Shin pads and socks for matches
- GK Gloves (if applicable)
- Trainers
- Football boots/moulds (hard ground)
- Water bottle

Course Overview

Our focus is to create opportunities for players to access additional support and bridge their performance gap through purposeful training programmes. We aim to understand, support and develop each individual to get the best future outcomes

Our passion more than ever is to develop footballers in a fun, enjoyable learning environment where your personality and you can feel a sense of belonging to develop in the game.

Our Football camp is perfect for players who want to improve their football ability whilst developing their English alongside other students with a shared passion for the beautiful game. This camp is best suited to those with prior football experience.

This 2-week camp will consist of 1-2 football training sessions per day (except excursion days) delivered in English. Students can then choose to support their English learning through structured EFL lessons or multi activity sessions.

Course Includes

During outdoor/indoor sessions, coaches focus on refining technical skills, boosting individual abilities, and providing distinct and meaningful learning experiences.

Lead Coaches

Paige Shorten - Paige is a UEFA B and FA Youth Award Coach and has vast experience working with male and female players ranging from 5 years to senior level, specialising in coaching outfield football players. Former roles include U15 Women England Assistant Coach, Ipswich Town Women Assistant Manager, Midlands & East Region Talent Technical Coach, FA WSL U21 Academy Assistant coach; having a track record of working with players in the England Women's Talent Pathway.

Cole Skuse - has amassed over 700 first team appearances for Bristol City FC, Ipswich Town FC and Colchester United FC and is renowned for his insightful reading of the game and ability to conduct play comprehensively. Coaching positions include: Bristol City Football Academy. Cole is the current Head of Football at St Joseph's College and first team coach and manager for Bury Town FC.



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Intensive English Camp

in Partnership with Reallyenglish



Benefits of small group learning with our Intensive ESL Camp:

Flexibility

Due to the small class sizes, the teacher becomes more familiar with the students and can tailor their lessons to suit the individual student's method of learning.

Our Intensive ESL Camp is a concentrated and comprehensive approach to the teaching of English, offering students 18 hours of English teaching every week in small groups of a maximum of 3 students.

We will ask students prior to arriving which topics they would like to focus on and our experienced teachers create bespoke lesson plans to suit each student's particular requests. Teachers can easily adapt classes by allocating more or less time to topics to meet the needs of the individual students

This camp is particularly suitable for students revising for a specific exam as our teachers can tailor the lessons to suit the demands of their exam board.

This course is perfect for students who would like to have a heightened focus on their language acquisition during their trip to the UK. It provides them with a challenging and yet supportive environment to focus on learning English whilst giving them the opportunity to participate in fun activities and go on excursions.

Inspiring confidence

Many times children can be too shy to participate in large class discussions as they do not have enough self-belief in their ability to speak confidently and correctly in front of a large group. Learning in a small group creates a more informal atmosphere in which students feel more comfortable and are encouraged to communicate in English.

Better feedback

In a small group, feedback can move beyond marked work and a 1-9 grade. Due to the relaxed, informal environment, students receive more instant oral feedback in class which leads to more overall feedback per student in comparison to the larger classes. In general, small group teaching allows more direct communication between the teacher and student.

Building team working skills

Due to its nature, small group teaching encourages teamwork skills as students are often given small problems or tasks to complete together as a group of 3. In this way, the small group teaching supports both academic and social development.



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Rugby and English Camp

in Partnership with Performance Architects



Course Overview

Introducing our dynamic Rugby Immersion Camp for both boys and girls, aged 8-16 year-olds.

Developed with Performance Architects, this camp combines rugby and English studies; 30 hours of English-supported training, 30 hours of language lessons, and two cultural outings. Sessions will cover various aspects of athletic development, including game management and core skills.

Lead Coaches

Elite coaches from Performance Architects, with diverse domestic and international experience, will lead the program.

Led by Rowland Winters, former Coventry RFC Director of Rugby, known for elevating the club to new heights, including a National League One title in 2018. Currently Director of Rugby at Cambridge RFC and St Joseph's College.

Course Includes

- Core Rugby Skills Development (Catch Pass, Tackle, Breakdown & Ruck)
- Player Development Testing Videos & Reports
- Speed, Agility, Quickness Training (SAQ)
- Strength & Conditioning (S&C) Technical Analysis
- Sports Science Content & Learning (Nutrition, Mental Wellness, Physical Development & Injury Management/ Concussion Awareness).

Our aim is for players to have a better understanding of the game and learning of what it takes to be a rugby player on and off the field.

Equipment Required

Players will need their sports kit, including football boots, gym trainers and a gum shield.



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Horse Riding and English Camp

in association with Poplar Park Equestrian



Horse Riding is both a sport and a pastime enjoyed worldwide – our course focuses on the sporting elements of show jumping and dressage as well as covering the basics of grooming and stable management.

Course Overview

Our Horse Riding Camp is perfect for students who have a love of horses and would like to improve their stable management and riding ability alongside developing their English language skills with other keen riders.

This 2-week course is suitable for both beginner and more advanced riders, however we would recommend students to have some experience of being around horses.

When our Horse Riding students are not at the stables, they will be on-campus taking part in either fun and interactive EFL lessons, or a programme of adventure activities in addition to enjoying excursions to local towns, cities or attractions.

Course Includes

This 2-week long course includes 15 hours at the stables; there will be 5 sessions over 2 weeks in either the morning or afternoon (Wednesdays will be reserved for an excursion). The students will have half a session of riding and half a session of stable management.

Our riding instructors are Pony Club qualified and will begin by assessing all students, including basic riding positions in walk, trot and canter.

During the course, students will also learn stable management and how to safely handle the horse, including securely tying up, leading, grooming, tacking up and feeding.

At the end of the 2-weeks, our riders will have the opportunity to show off new skills with a 'Dressage and Show Jumping competition' where rosettes will be awarded. Students should have a much better understanding of equestrian care and stable management and will have improved their riding ability.

Equipment Required

Students should not bring riding helmets, all helmets and equipment will be provided due to British standards. Riders are welcome to bring their own specific riding clothing such as jodhpurs and boots.



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An overview of our Language Provision

All our NSX Language teachers are trained in our methods, our philosophy and our ethos. We are absolutely dedicated to having the very best language provision for your students so that not only do they have an outstanding programme with us, but they go home having significantly improved their English.

Our Director of Studies has formulated our syllabus to exactly fit the needs of students attending our short-term language courses.

During the students' time with us, they will study English through many topics and subjects. While we are aware of the importance of grammar and function of the language, we are basing our syllabus on communicative and interactive lessons for the students. They will be able to exercise their English in debates, through role play and using their imagination.

Our syllabus is based on the Common European Framework Reference (CEFR) and we work at those levels in the classroom. In this way we can ensure that each student can understand the tasks and contexts, but by the same token be stretched. Each of our teachers is trained on the CEFR, ensuring that all of the students are constantly monitored and can be rearranged in level or class, if that should be deemed necessary.



We have the same excellent standard of language provision across all of our centres at all times across the year, which is fundamental to our programmes so we can therefore guarantee you, as an agent, that no matter which centre or time of year you choose, you can be assured of the high language standards.

Our Approach

Our method is one of natural acquisition. We are sure to support even the most shy of students, to ease them into a natural and normal way of communicating in English. Relying on the authenticity of the tasks and language we present, we support and encourage our young learners to start being comfortable with taking linguistic risks, taking strides forward and using the language with comfort. Natural acquisition allows students to leave the course with a firm grasp on the language, through repetition.

We strive to give students the tools to achieve more. Whether that be in the activities or the English classroom, we ensure we equip them for success. Each of our teachers has received our own in-house training, supported by our Director of Studies.



We have gone to great lengths to ensure that all of our teachers have the same NSX Language training, as well as their own TEFL qualification.



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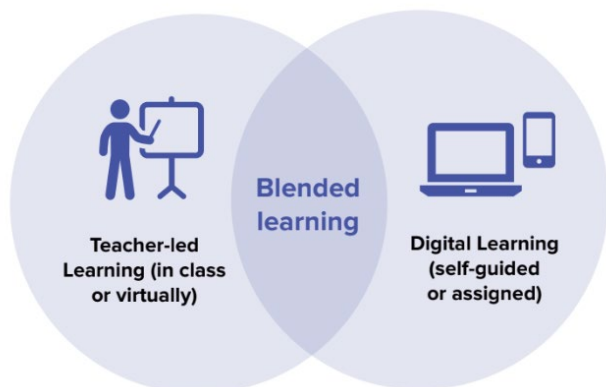
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Blended Learning with Reallyenglish

In today's world students and teachers need a flexible and effective way to learn English that utilises all the benefits of technology, and maximizes progress. Our core value is to make sure students study the right thing, more often, with better results - by providing world-class materials and a solid, easy-to-use framework for blended and flipped learning approaches.



Why use a blended approach?

A blended approach to English language learning is a method of delivery that combines live, teacher-led lessons (either in a conventional or in a virtual classroom) with digital learning.

A blended approach offers:

Efficiency – Students can improve their receptive skills, build their vocabulary and practice grammar outside of class. This allows teachers to focus more time on productive skills during class.

Accelerated learning – Preparation and practice in the digital space gives students the opportunity to focus on their weak points either before or after their live, teacher-led lesson – this in turn can help close gaps in mixed ability classes.

Personalisation – Teachers can see how students are progressing with their digital learning, bring in supplemental activities, and spend more class time giving personal support.

Traditional classroom model

In Class



Teachers teach lessons in class using Reallyenglish blended lessons or 3rd party materials.



Students listen and take notes.

At Home



Students go home and complete assigned homework/practice on the Reallyenglish platform.

NSX classroom model

In Class




Class time is used for discussion and speaking practice with teachers and peers.





Teachers guide and support student as needed.





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Blended Learning with Reallyenglish

How we support blended learning

Reallyenglish provides ready-made material to form the backbone of a high quality blended learning English programme. We have thousands of hours of content for students to access that will fit a variety of teaching aims and learning environments. Our focus with digital is to make sure students can access it anytime, anywhere for seamless study.

Our ready-made blended lessons provide:

- A logical flow and link to materials that are completed in self-study mode, and at the student's own pace.
- Lesson structures that are pedagogically sound providing presentation, practice and production activities, and plenty of opportunity to interact.
- An alternative to a traditional course book, and a substantial saving on resources.
- Teacher support with clear lesson aims and how-to notes that will help save on preparation time.

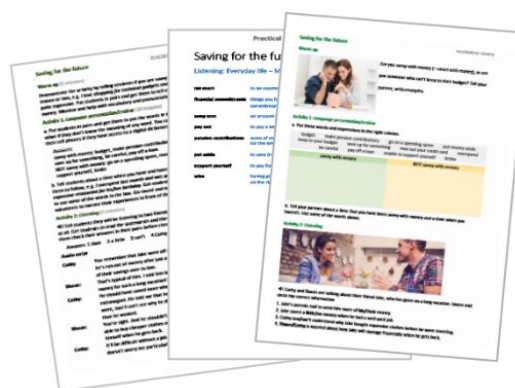
What's available

Blended lessons are available for:

Practical English Starter, Practical English 7, Business Speaking and IELTS Speaking.

The lessons are designed to cover a 50-60 minute class period, and the content is clearly linked to its digital counterpart lesson, but with a specific focus on output and speaking skills.

We can deliver these to you as stand-alone PDFs or Word documents, with audio files where applicable. Our **Practical English** courses are also supported with lessons in PPT format with embedded audio for front-of-class use, or delivery in a virtual classroom.



Course	Level	# of digital lessons	# of blended lessons	Components
Practical English Starter	A1	56	48	Student Lesson, Teacher's Notes, Key Language Summary, Audio Files PPT/embedded audio, Offline (Print) Placement and Progress Tests
Practical English 7	A2 - C1	350	192 (48 at each level)	Student Lesson, Teacher's Notes, Key Language Summary, Audio Files PPT/ embedded audio, Offline (Print) Placement and Progress Tests
Business Speaking	B1 - B2	60	30	Student Lesson, Teacher's Notes, Key Language Summary, Audio Files PPT/ embedded audio
IELTS Speaking	A2 - B2	15	15	Teacher's Notes with tasks and activities



info@nsxgroup.co.uk
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LanguageCourse^{net} Book at worldwide lowest price at:
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About NSX - meet the team

NSX Group has over 25 years of experience offering a range of sport, adventure and English language focused travel programmes.

The management team at NSX has been running camps since 2002 and we like to believe that we have found the winning formula when it comes to providing a safe and fun environment for all learners coming into our care.



What do we offer?


We don't just operate in the summer months, in fact we offer travel programmes throughout the year suitable for many different clients.



Our summer residential programmes include English language learning with a vast range of activities or you can combine it with a choice of specialist sport course. Everyone receives three hours English tuition, 3 hours of activities or chosen camp focus plus a full evening programme. Students are encouraged to express themselves in the classroom, in activities or on the pitch. We pride ourselves on our international mix and small class size all supervised by our hand-picked staff.



During our winter programmes, we offer schools and groups the opportunity to travel together for cultural and language immersion. The destination is your choice, and our dedicated team will work with you to ensure all your groups' requirements are met - whether it be a high school immersion, accommodation with host families or must-see landmarks or experiences.






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For a quote, or to speak to a member of our team, please email: info@nsxgroup.co.uk



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The NSX Philosophy

At NSX, we have woven our five core values into our philosophy, meaning that all our students, no matter the programme they opt for, will be part of the same experience.

Social Interaction



Leadership and communication



Language Development



Local Integration



Cultural Immersion



These five core values ensure that students feel supported, enriched and empowered throughout their time with NSX.

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