






**Liden & Denz**  
Intercultural Institute of Languages



# LEARN RUSSIAN

УЧИТЕ РУССКИЙ




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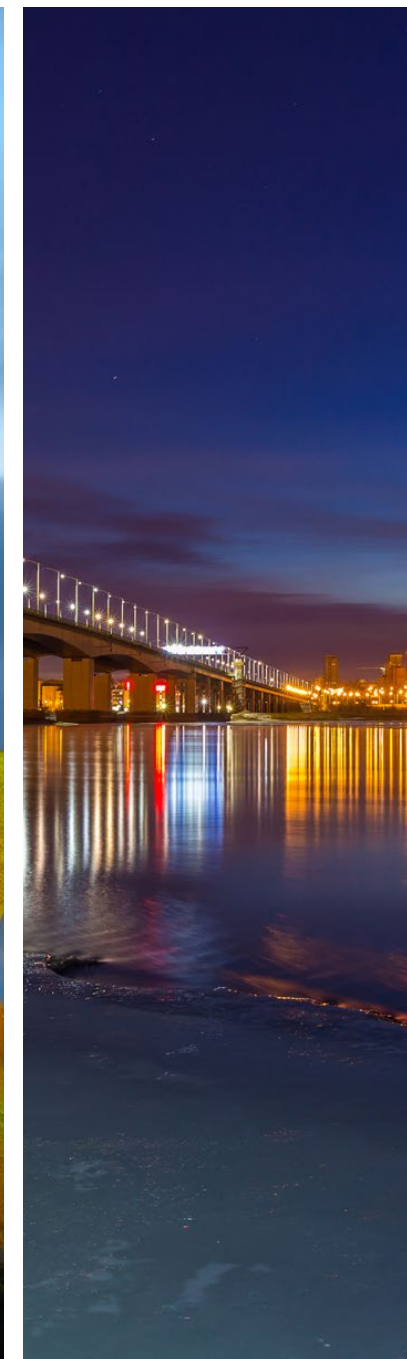
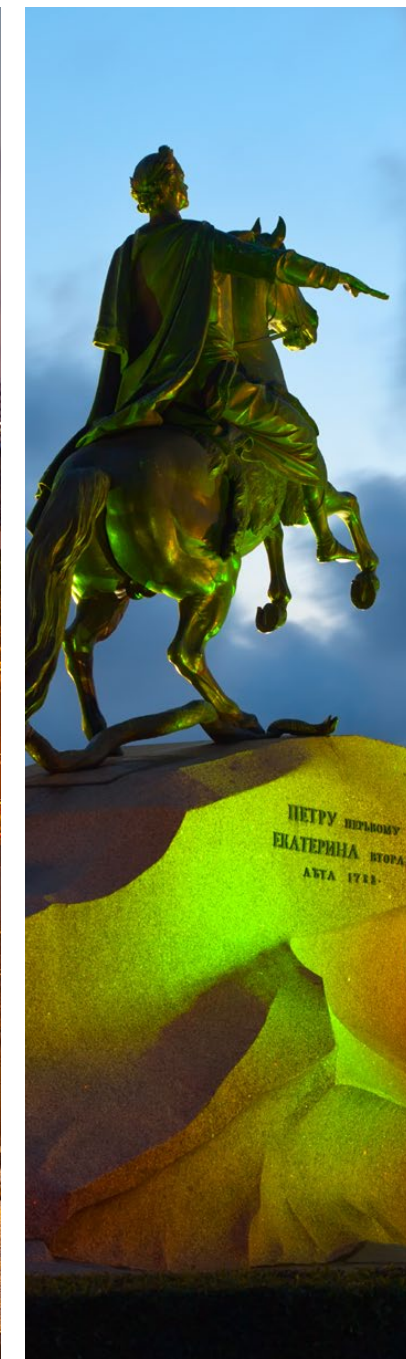
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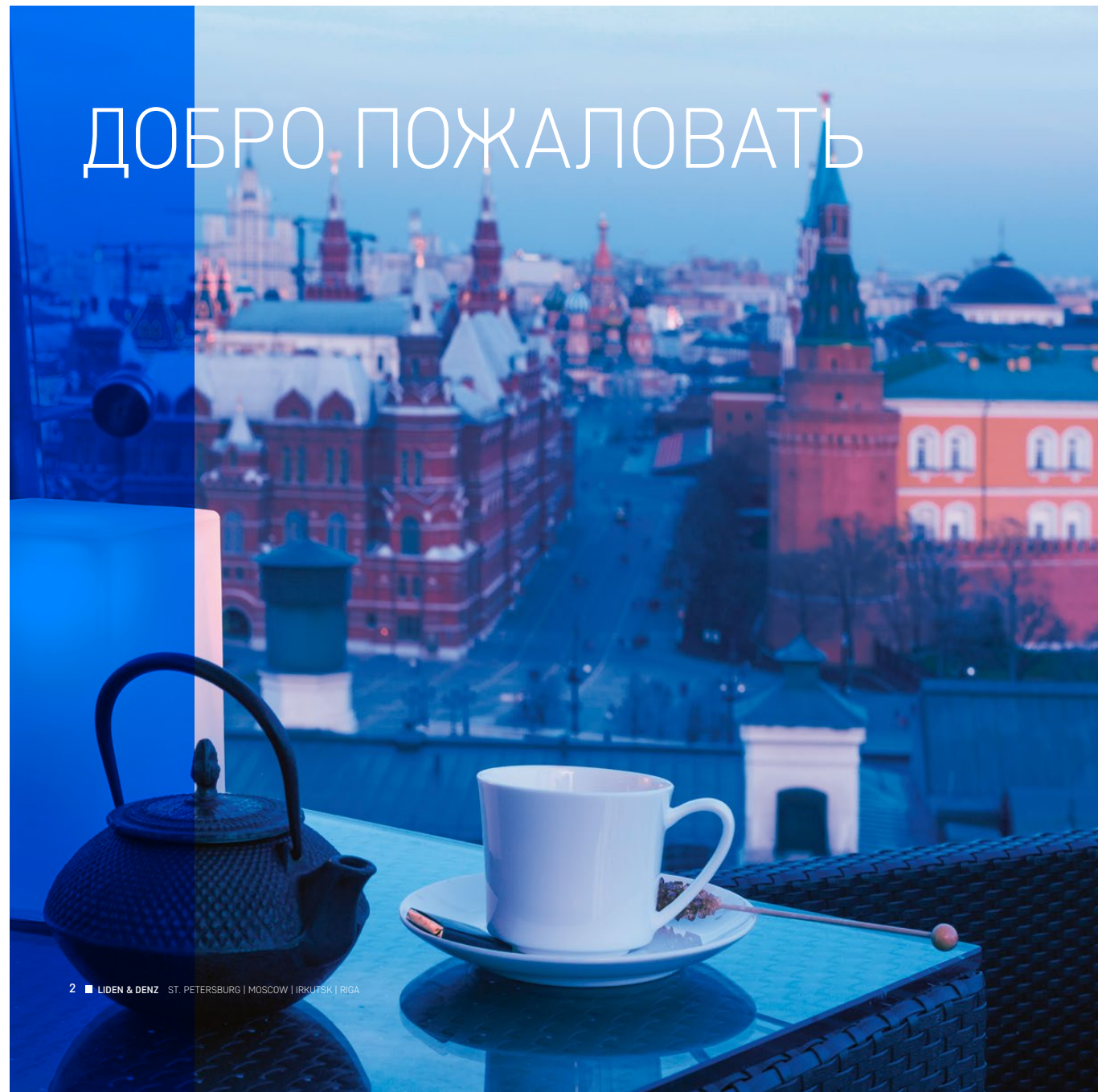
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# ДОБРО ПОЖАЛОВАТЬ



2 ■ LIDEN & DENZ ST. PETERSBURG | MOSCOW | IRKUTSK | RIGA

## WELCOME



On behalf of Liden & Denz, I would like to welcome you to our Russian language course brochure. Here you'll find an outline of the range of courses we provide, which offer a wealth of opportunities for you to study this historic language in a way that best suits your needs. And with our varied activity programme, designed to make the most of the cultural opportunities on offer, your understanding of Russian will extend beyond simply the language.



Whatever your reasons for learning Russian today, you are in good company as interest in the language of Pushkin and Tolstoy is no longer confined to an academic sphere. Demand for modern and communicative Russian is on the increase, be it for professional purposes or pure pleasure!

These four fantastic places are the perfect locations in which to learn Russian, while immersing yourself in the culture and enjoying the legendary hospitality.

Our campuses are located in four of the region's most historic, beautiful and culturally rich cities:

I co-founded Liden & Denz in 1992 and it is now one of the oldest, privately-run Russian language institutes. Our campuses are regularly inspected by international accreditation bodies and operate a transparent quality assurance scheme. I am proud of the worldwide reputation we have gained as a first-class training facility, which has largely been through the hard work and dedication of our staff.

- **St. Petersburg** was the jewel of Imperial Russia and is an UNESCO World Heritage site
- **Moscow** is Russia's economic powerhouse and Europe's largest metropolis
- **Irkutsk** is the capital of Eastern Siberia and a gateway to the Baikal region
- **Riga** is the beautiful Latvian capital, full of charm and history.

We hope you choose to study Russian with us. Whichever location you choose; expect to receive a very warm welcome.

**Walter Denz** M.Sc.  
OWNER

*Little Europe / Swiss Island!  
Perfect for any student looking for the best start to learn Russian language and culture.  
Appreciate the Swiss style, the long term work of management, teacher and team very much.  
If you aim for European standard — this should be your choice!*

*Hartmut Grell,  
Germany*

Учите русский 2020 | [lidenz.ru](https://lidenz.ru) ■ 3

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# WHY STUDY WITH US?

With campuses in St. Petersburg, Moscow and Irkutsk, Russia's premier cities for culture, tourism and business, and Riga, the historic and elegant capital of Latvia, Liden & Denz offers the finest destination in which to study Russian. It's not just about the quality of the location, however, but the quality of the teaching which sets our courses apart from the competition.

## Maximum flexibility and choice

We offer year-round courses in our campuses in St. Petersburg, Moscow and Riga, while Irkutsk is a seasonal campus. Any destinations can be freely combined as study programmes and approach to teaching are standardised in all L&D locations.

## Excellent facilities

Our campuses are located in the historic centres of our destination cities and all are equipped with modern, well-lit classrooms and free Internet access.

## Quality control

A clear course syllabus, frequent host family checks, detailed student questionnaires and clear complaint procedures underline our commitment to our students.

## Accredited and inspected

Our Russian institutes are members of the IALC, International Association of Language Centres ([www.ialc.org](http://www.ialc.org)), and all year-round campuses are accredited members of Eaquals ([www.eaquals.org](http://www.eaquals.org)).

## Exam Preparation Centres

Liden & Denz is an official preparation and testing centre for the TRKI state exam (Test of Russian as a Foreign Language).

## Historic locations to explore

Our activities programme is designed to make the most of the exciting range of cultural, sightseeing and leisure opportunities on offer at our four centres.

## Home from home

All our campuses offer a relaxed, friendly atmosphere and you can select your preferred accommodation option from our varied range. Whichever you choose, you will be well looked after from the moment we pick you up from the airport or railway terminal.

## The professional choice

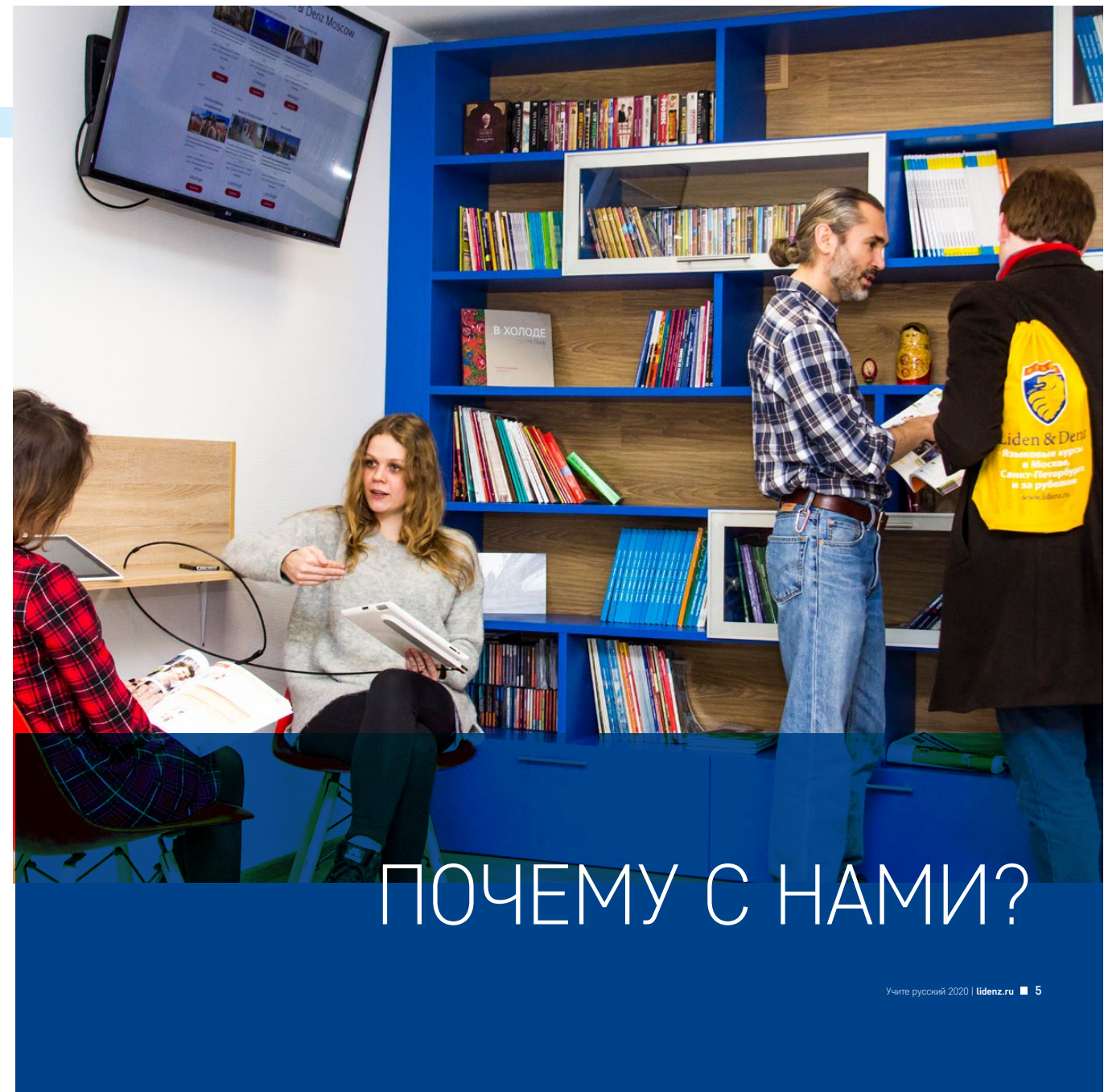
We are trusted to deliver quality Russian language tuition by a range of companies and organisations, from all over the world, including:

BP • Bayer, Lindt & Sprünzli • British Airways • British Council • Credit Suisse • Delegations of the European Commission • Deutsche Lufthansa • Embassies of Australia, Canada, New Zealand, Norway, Sweden & the USA • European Bank of Reconstruction & Development • Foreign Ministries of Finland & Switzerland • GE Oil & Gas • IKEA • International Committee of the Red Cross • LG Electronics • Ministerie van Defensie (Netherlands) • Mitsubishi Electric Europe • Nestlé • Neue Zürcher Zeitung NZZ • PriceWaterhouseCoopers • Radio France • Renaissance Capital • Reuters • Samsung Electronics • Schering AG • Scotland Yard • Siemens AG • Suzuki • Swiss Television SFDRS • The Economist • Toshiba • UBS • UK Foreign and Commonwealth Office • USAID • US Military • Volvo • Yamaha



*I took a Russian language course through Liden & Denz lasting one month, and I wish I could stay longer! The Russian instructors are very kind, motivating, intelligent, professional, and they really push you to learn.*

*Allison Heitmiller,  
USA*



# ПОЧЕМУ С НАМИ?

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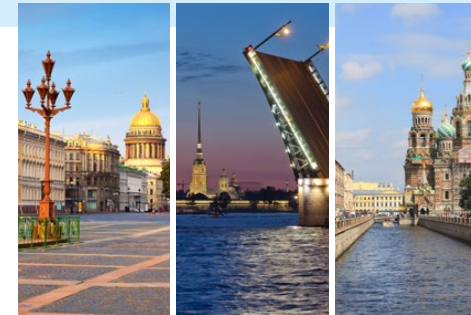
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# САНКТ-ПЕТЕРБУРГ

*I had so much fun during class because my teachers were easy-going with a good sense of humour. We discussed daily issues and habits in Russia as well as important grammar and new vocabulary. I made great progress since I was not only speaking proper Russian at the school but also lived in a completely Russian environment which led to a great experience that I will never forget.*

Julia Manoschking, Germany

## ST. PETERSBURG

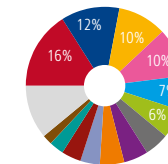


The city of St. Petersburg was founded in 1703 by the visionary Tsar, Peter the Great, who aimed to build a capital to rival the great cities of Europe. With its majestic palaces, wide boulevards and numerous canals, at times you feel you could be in Paris, Vienna or Amsterdam, but ultimately it's uniquely Russian. While it may no longer be Russia's political capital, there is no doubt that St. Petersburg remains the country's cultural capital.

The Hermitage is a 'must-visit' and houses one of the finest art collections in the world. But that is just one of many galleries and museums, not to mention theatres and architectural gems waiting to be discovered. Although it looks beautiful in the winter snow, during the summer the city really comes alive when the 'White Nights' begin and the sun scarcely sets.

### Nationality breakdown

16% Switzerland	5% Japan
12% United Kingdom	5% Nordic countries
10% Germany	4% Eastern Europe
10% Italy	4% Austria
7% Turkey	3% Benelux countries
6% France	2% South Korea
5% USA	

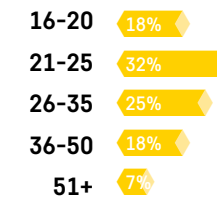


### Liden & Denz St. Petersburg

Liden & Denz campus in St. Petersburg is located in the very heart of the historical centre at Ulitsa Zhukovskogo 3, one block away from Nevsky Prospekt. The neighborhood is known for its bookshops, independent bars, and endless dining out options. You cannot be more central in St. Petersburg!

- 10 minute walk from Ploshad Vosstania/Mayakovskaya Metro Station
- 17 spacious bright classrooms
- Wall-mounted LCD screens in all classrooms
- Free WiFi
- Students' lounge and self-study area
- Coffee-shop

### Student Mix by Age



# MOSCOW

As Russia's capital, Moscow has been at the heart of the country's economic growth since the fall of communism. This change is evident in its architecture, with imposing Stalinist buildings fighting for attention against modern glass and steel skyscrapers, and its shops, where traditional Russian retailers do battle with up-market global designer brands. It all helps make Moscow one of the most vibrant cities in which to study the Russian language.

Nowhere captures Moscow's dramatic history better than Red Square, where the Kremlin — a fortress, a palace and the iconic seat of power for the communist regime — has witnessed first-hand the turmoil of 'Mother Russia'. Here too, Lenin's Tomb rubs shoulders with the exuberant St Basil's Cathedral. Yet nowadays, Moscow is a 21st century capital; a fast-paced 24-hour metropolis.

## Liden & Denz Moscow

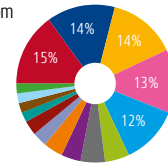
Our school is centrally-located, a short walk from the Belorusskaya Railway Station, where trains from Berlin and Warsaw arrive. Our premises are on the ground floor of a building owned by the Russian Ministry of Foreign Affairs, where many international diplomats and press correspondents also have offices.

- Less than 5 minutes walk from the Metro Station
- 11 classrooms
- Wall-mounted LCD screens in all classrooms
- Free coffee & tea
- Free WiFi

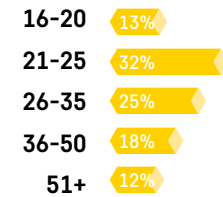


### Nationality breakdown

15% Switzerland	4% United Kingdom
14% Italy	4% Benelux countries
14% Germany	3% Turkey
13% Japan	3% Austria
12% USA	2% Latin America
5% Nordic countries	2% South Korea
5% Eastern Europe	2% France
	2% China



### Student Mix by Age



# МОСКВА

*I strongly recommend Liden & Denz Moscow for its efficiency, its friendly atmosphere and the professionalism of its teachers. Despite having studied Russian with them for such a brief time, I noticed an incredible improvement of my communication skills.*

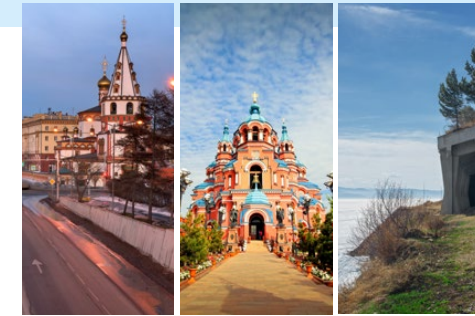
Lucia Moro, Italy



# ИРКУТСК

Liden & Denz have fantastic learning facilities, great teachers and the perfect atmosphere to learn Russian. Last year I stayed with them in Moscow and this year I studied in Irkutsk. Both experiences were amazing! I highly recommend them!

Peter Van de Groep, Netherlands



## IRKUTSK

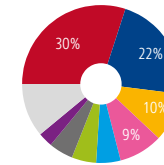
Liden & Denz in Irkutsk is located in the historical centre of the Eastern Siberian capital, in a recently renovated landmark building from the 19th century at the corner of Gryaznova ulitsa and ulitsa Karla Marksa.

Never mind the name (Karl Marx) but ulitsa Karla Marksa is undoubtedly the most beautiful street in Irkutsk with its own distinctive spirit. Its construction in the 19th century was inspired by Nevsky Prospekt in St. Petersburg. The Angara River and the monument of Alexander III are within walking distance, as well as, the popular pedestrian zone of the Fashion Block with its restaurants and cafés which now reside within the walls of some of the cities original and historically important wooden houses.

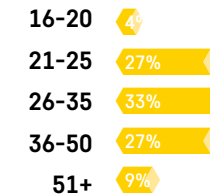
The Dekabristov museums (Trubetskoy and Volkonsky Mansions) are easily accessible by public transport, the nearest bus stop is directly in front of our campus.

### Nationality breakdown

- 30% Switzerland
- 22% Germany
- 10% Nordic countries
- 9% Japan
- 5% Italy
- 5% Eastern Europe
- 5% France
- 3% USA



### Student Mix by Age



### Liden & Denz Irkutsk

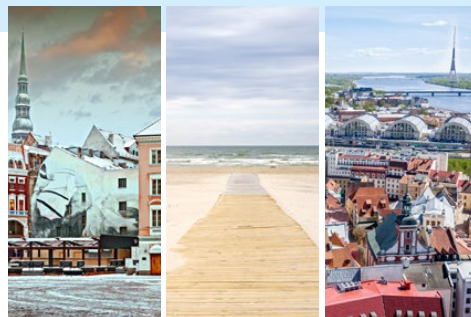
Liden & Denz Irkutsk is the perfect starting point for nice long strolls, cultural activities, sightseeing, and even bar hopping. Our six, new and spacious classrooms all have access to natural light and are fully equipped with modern devices together with sound isolation and free wi-fi. There is a lounge area with vending machines for students to relax after studies.

- Central location
- 6 spacious classrooms
- Lounge area with vending machines
- Free WiFi

# RIGA

Riga, the historic capital of Latvia, is the largest city in the Baltic republics. The country gained independence from the Soviet Union in 1991, but the high population of ethnic Russians means that Riga has a clear majority of Russian speakers, making it an excellent centre for studying the Russian language. Latvia joined the European Union in 2004 and since then Riga has become a vibrant hub for businesses operating between Russia and the EU.

Riga has some of the finest Art Nouveau architecture anywhere in Europe, but its history goes back much further. The Vecriga, the medieval heart of the city, is home to the Town Hall Square with the iconic House of the Blackheads. On the outskirts of the city lies Jurmala, a wonderful beach resort with beautiful parkland — a great place to escape the busy city centre.



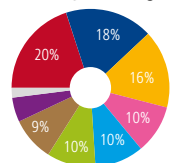
## Liden & Denz Riga

Our school sits on a city boulevard, between the Latvian National Opera and the Central Railway Station. There are plenty of cafés, bars and restaurants in the local area and the Vecriga is a short walk away. The school occupies the 2nd floor (no lift) of a historical building and facilities include:

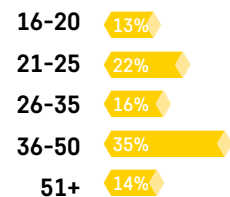
- 10 spacious classrooms
- Lounge area with vending machines
- Free WiFi
- Courtyard area for relaxing and Summer barbecues!

### Student Mix by Country or Region

- 20% Switzerland
- 18% Germany
- 16% Italy
- 10% France
- 10% USA
- 10% Eastern Europe
- 9% Nordic countries
- 5% United Kingdom



### Student Mix by Age



*I started learning Russian from scratch and reached a remarkable level within a short time thanks to the teachers at Liden & Denz Riga. Definitely, I would like to go back to Riga and highly recommend it!*

Robin Richner, Switzerland

РИГА

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## THE SECRET OF OUR SUCCESS

At all Liden & Denz Institutes, our primary focus is to develop as quickly and accurately as possible our student's communication, reading and comprehension skills in the Russian language. The investments we make in our schools, the assessment and development of new course materials and, most importantly, the continual training and support of our staff are always aimed at improving our award-winning courses and getting positive outcomes for our students.

We focus on mastering the Russian language in various communication situations, starting from colloquial interaction up to more proficient levels. We also offer training in reading Russian texts and newspapers.

### Our teachers

All our teachers are native Russian speakers and have an appropriate university degree. We pay particular attention to their professional development and regularly organise teacher training workshops.

### Outdoor teaching

Applying our communicative approach means that we want our students to be able to use their language skills outside the classroom from the very beginning. That is why we regularly take them to the streets, markets, railway stations, and make our students practice what they have just learned.

In taking students out of the protected and sterile environment of the classroom, we expose them to different speech patterns, dialects and age groups in various places

with substantial levels of noise, likely to distract them. By overcoming these distractions and getting their message across, our students gain confidence of speaking in non-familiar situations. Outdoor teaching also helps our students to discover the city under a different angle.

## RUSSIAN COURSE BOOK

### «Я люблю русский язык»

**I love Russian** is a new, illustrated course book series aimed at international students studying Russian. Currently available are: **“I love Russian” A1 (beginner), A2 (elementary – pre-intermediate), B1.1 (intermediate) and B1.2 (upper-intermediate)**. All books come with rich audio material, accessible by smartphone or web browser. The books are entirely written in Russian and primarily designed to be used in the classroom for both group and individual students.

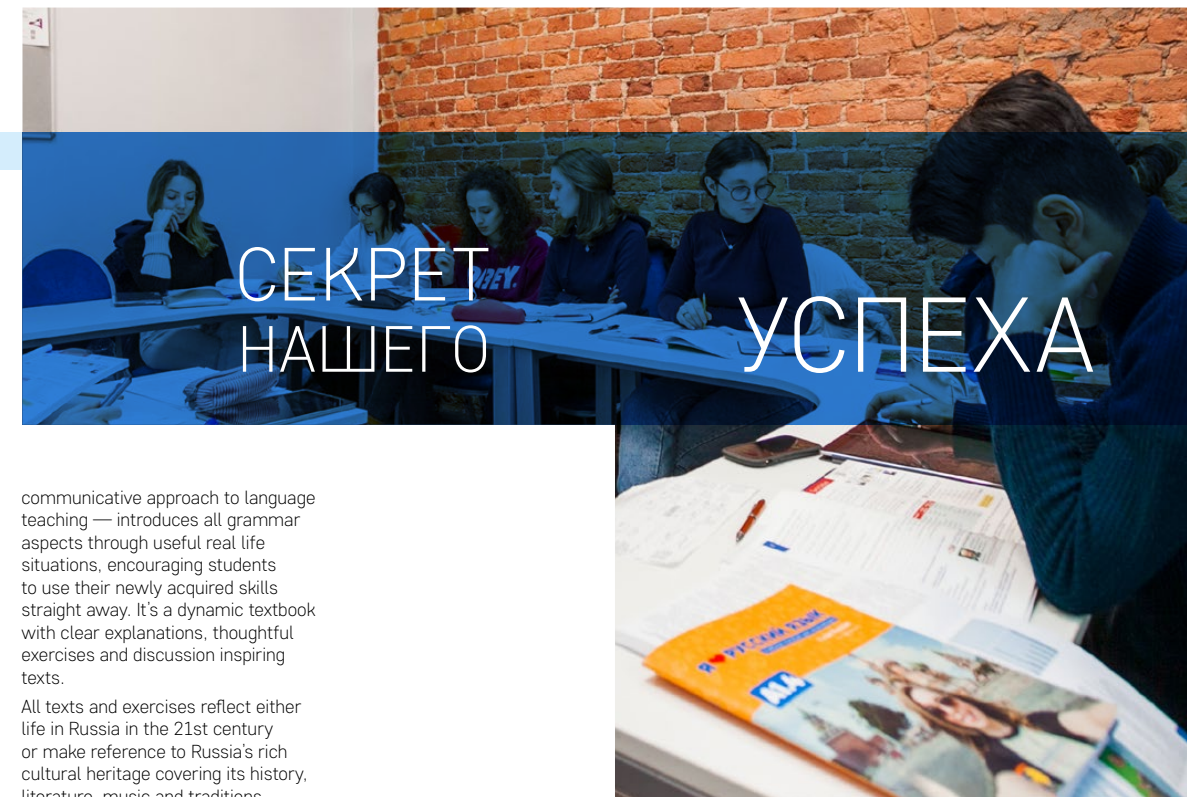
**I love Russian** has a clear structure and — in accordance with the

communicative approach to language teaching — introduces all grammar aspects through useful real life situations, encouraging students to use their newly acquired skills straight away. It's a dynamic textbook with clear explanations, thoughtful exercises and discussion inspiring texts.

All texts and exercises reflect either life in Russia in the 21st century or make reference to Russia's rich cultural heritage covering its history, literature, music and traditions.

**I love Russian** has been written by an academic team of Russian language teachers working at Liden & Denz. The course books have been tried and extensively tested at our campuses in St.Petersburg, Moscow, Riga and Irkutsk.

### Our online book-shop



СЕКРЕТ  
НАШЕГО  
УСПЕХА



### At Liden & Denz Language Institutes you will:

- Learn how to communicate in everyday situations
- Develop your comprehension skills by first listening to adapted ways of speaking and then moving onto more authentic forms
- Learn how to use vocabulary based on your language competence
- Develop your reading and writing skills by doing exercises at home, as well as analysing and retelling stories, literary texts or official paperwork
- Learn how to give presentations and express your opinions in open discussions with fellow students
- Gain a better understanding of modern Russia by developing an awareness of a range of ethical, cultural and historical issues

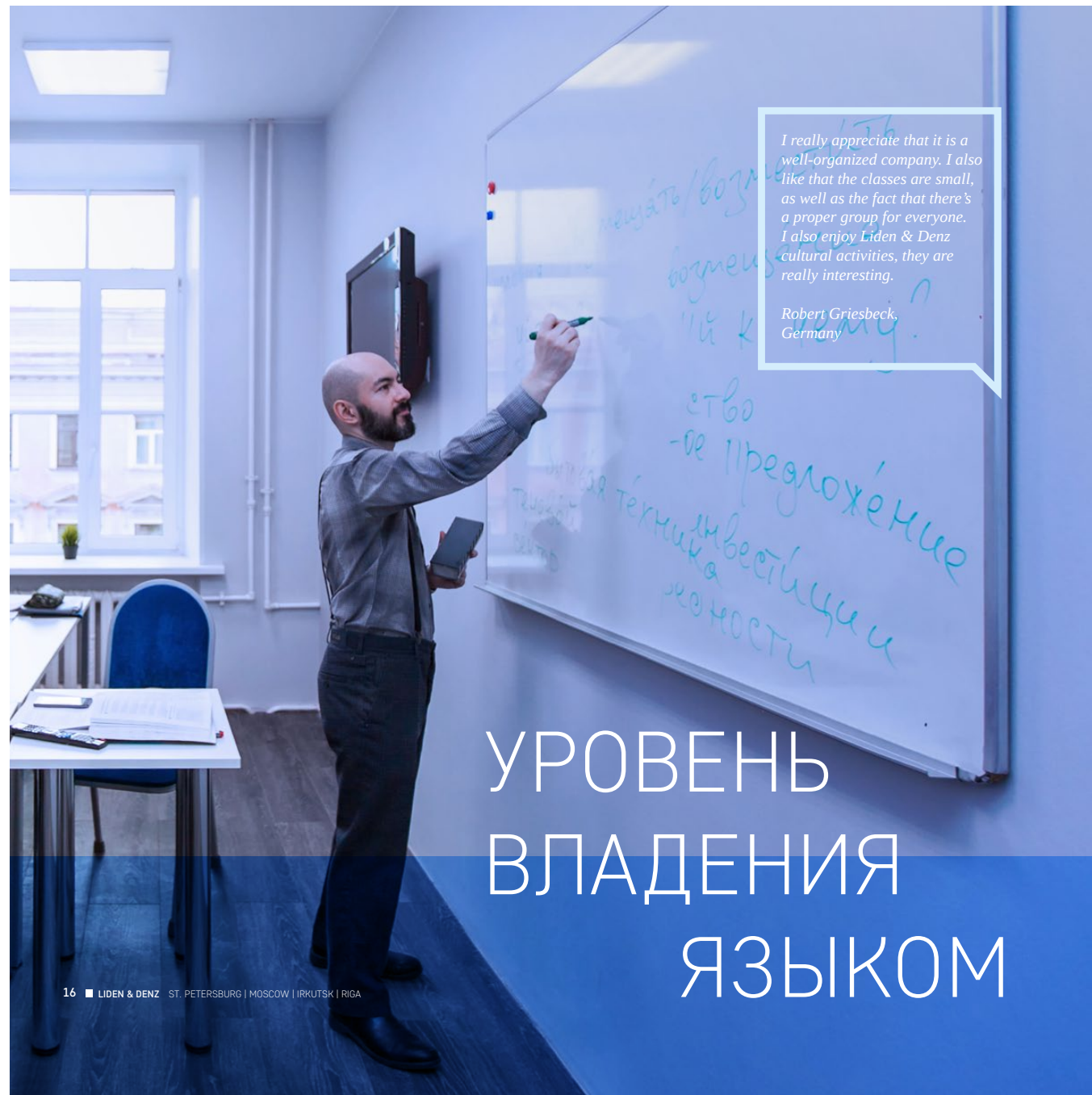


*It has definitely been a good experience. I was positively surprised by the thoroughness of how they do things. The teachers are professional and experienced. I very much like the book the school created, which is well done and well structured.*

*Hans Kurt Lübberstedt,  
Switzerland*

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I really appreciate that it is a well-organized company. I also like that the classes are small, as well as the fact that there's a proper group for everyone. I also enjoy Liden & Denz cultural activities, they are really interesting.

Robert Griesbeck,  
Germany

# УРОВЕНЬ ВЛАДЕНИЯ ЯЗЫКОМ

## COURSE LEVELS



Our course levels are adapted from the Common European Framework of Reference for Languages (CEFR). In our Group Course, we teach 8 levels of Russian year-round (beginner to advanced). Lessons last 50 minutes and the numbers shown below are averages, based on our experience of past students. Students enrolling for a One-to-One Course will need fewer lessons to pass from one level to the next.

Levels according to the European Language Portfolio (Council of Europe)		Teaching Level	Lessons weeks	Active Vocabulary	Exam Level
<b>A0</b> Beginner	Can recognise, read and write simple words and phrases. Can introduce themselves and others. Can ask and answer questions about personal details (name, age, nationality, profession).	<b>A0</b> Beginner	<b>20 lessons</b> 1 week	<b>50 words</b> or constructions	
<b>A1</b> Elementary	Can understand and use familiar everyday expressions and very basic phrases aimed at the satisfaction of needs of a concrete type. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.	<b>A1</b> Elementary	<b>60 lessons</b> 3 weeks	<b>200 words</b> or constructions	
		<b>A1+</b> Elementary+	<b>100 lessons</b> 5 weeks	<b>600 words</b> or constructions	telc <b>A1</b>
<b>A2</b> Pre-intermediate	Can understand sentences and frequently used expressions related to areas of most immediate relevance (e.g. very basic personal and family information, shopping, local geography, employment). Can describe in simple terms aspects of their background, immediate environment and matters in areas of immediate need.	<b>A2</b> Pre-intermediate	<b>100 lessons</b> 5 weeks	<b>1000-1200 words</b> or constructions	
		<b>A2+</b> Pre-intermediate+	<b>160 lessons</b> 8 weeks	<b>1300-1500 words</b> or constructions	telc <b>A2</b>
<b>B1</b> Intermediate	Can understand the main points of clear standard input on familiar matters regularly encountered in work, school, leisure, etc. Can deal with most situations likely to arise whilst travelling in an area where the language is spoken. Can describe experiences and events, dreams, hopes & ambitions and briefly give reasons and explanations for opinions and plans.	<b>B1</b> Intermediate	<b>140 lessons</b> 7 weeks	<b>1800 words</b> or constructions	
		<b>B1+</b> Intermediate+	<b>100 lessons</b> 5 weeks	<b>2200 words</b> or constructions	telc <b>B1</b> TRKI-1
<b>B2</b> Upper Intermediate	Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible without strain for either party. Can produce clear, detailed text on a wide range of subjects and explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.	<b>B2</b> Upper Intermediate	<b>200 lessons</b> 10 weeks	<b>3500 words</b> or constructions	
		<b>B2+</b> Upper Intermediate+	<b>200 lessons</b> 10 weeks	<b>4500 words</b> or constructions	telc <b>B2</b> TRKI-2
<b>C1</b> Advanced	Can express themselves fluently and spontaneously without much obvious searching for expressions. Can use language flexibly and effectively for social, academic and professional purposes. Can produce clear, wellstructured, detailed text on complex subjects, showing controlled use of organisational patterns, connectors and cohesive devices.	<b>C1</b> Advanced	<b>160 lessons</b> 8 weeks	<b>6000 words</b> or constructions	TRKI-3

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# GROUP COURSES

Our teaching method, in small multinational groups, uses no intermediary language: we teach Russian in Russian from day one. This develops an ability to interact in Russian much faster and helps overcome any language barrier. Our communicative approach to teaching makes the educational process an enjoyable and efficient experience. You will quickly learn grammar, using new words and language skills adapted to daily situations.



## Standard Group Course

This course of 20 lessons per week is available all year round, with a weekly intake of new students following a modular pattern of two-week units. Group courses operate from Monday to Friday with a minimum course length of one week and no maximum.

The curriculum is built up like a spiral, where each new level of language acquisition starts with the revision of previously studied grammar constructions, logically connected with different speech patterns. This has two advantages: group newcomers are able to feel involved in the learning process, while continuing students acquire new vocabulary based on previously acquired grammar material.

Groups are formed according to an assessment test, which is compulsory for all students. A very important minimum requirement for all group courses is passive knowledge of the Cyrillic alphabet.

## Intensive Group Course

If you choose our Intensive Group Course, you will have 20 morning lessons with students following the Standard Group Course and 5 additional lessons, taught on two afternoons. Intensive Group Courses are offered all year in three different levels:

- Elementary (A1/A1+)
- Pre-intermediate (A2/A2+)
- Intermediate (B1/B1+)

Intensive Group Courses are also available at **Upper Intermediate (B2/B2+)** and **Advanced (C1)** levels when there is sufficient demand.

Please see page 17 for course level details.

*Liden & Denz provides a great platform to learn and improve Russian language. The course is very well structured and includes all the aspects (reading, writing, speaking, listening).*

Sagar Bansal, Singapur

## Casual Russian Course

St. Petersburg and Moscow are cities that never sleep and with lots of things to do after classes. Especially for those who want to have enough time to discover the treasures of St. Petersburg or Moscow, we have designed a group course with less lessons than our standard group courses and timings which allow for enough sleep after a long night out. This course of 15 lessons per week is available from mid-September until mid-May with weekly intakes and usually starts at 15:00, Monday to Friday. The minimum course length is one week. Levels offered: A0-B1+. This course is available only in St. Petersburg and Moscow.

## Teacher Refreshment Course

This 10 lessons per week one-to-one course module equips teachers of Russian as a Foreign Language with methods and teaching techniques following our communicative approach. This course is a professional development tool concentrating on methodology.

The outcome of the course is a new perspective of the aims and objectives of teaching Russian in a modern world; focussing on a widened scope of methods, practical skills and insights on teaching specific topics (especially grammar). Russian language teachers taking this course are invited to observe and analyse the lessons of experienced Liden & Denz teachers teaching classes of different levels to gain classroom management confidence.

The Teacher Refreshment Course can be booked in addition to a Standard Group Course at a high level, or as a stand-alone individual course.

# ГРУППОВЫЕ КУРСЫ



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# SPECIALIST COURSES

## Academy: Language + Russian history and cultural studies

The Academy is a joint programme in collaboration with a prestigious private university in St. Petersburg, blending 20 weekly group language lessons at Liden & Denz with a well-organised and thorough study of Russia's history, focusing on the topics that had had an important impact on geopolitics, art, science, religion, and social developments. Our university partner lies within a walking distance from the Liden & Denz campus. These studies in Russian history and culture form a solid ground for further research in the fields of politics, sociology, economics, history, art or linguistics, both fundamental and applied. The minimum stay for the Academy Course is 20 weeks and students can proceed to the Russian history and cultural studies (2 lessons weekly) only after they have reached an A2 level of Russian.

## One-to-One Courses

Our One-to-One Courses are designed for students who require a very focussed area of study. You will be invited to specify your field of interest when completing the online booking form, so that we can pre-select material, establish a study plan and prepare specific vocabulary.

One-to-one courses are available in varying degrees of intensity: 15, 20, 30 or 40 lessons per week. For 30 lessons or more the student is taught by two teachers.

Individual courses can be booked throughout the year. The minimum course length is one week with each course starting on a Monday and ending on a Friday, though weekend classes can be organised on request. Participants may also book an additional 5 lessons as a supplement to any One-to-One or Group Course.

## Exam Preparation Course (TRKI)

TRKI is the state test of Russian as a foreign language. It offers an adult-oriented syllabus, is available at 6 levels, and tests all the skills required to use Russian language properly.

A TRKI Preparation Course is a combination of a Group Course (Standard or Intensive) or a One-to-one Course and a TRKI Preparation Module. The TRKI Preparation Module is a supplement taken just before the TRKI exam. Each module comprises 5 individual lessons. The number of modules required in order to pass a certain exam is jointly determined by the student and the teacher.

Since August 2019 you can sit the TRKI exam in our St. Petersburg campus. We also offer free counselling and mock testing to better understand which level you should take.



# СПЕЦИАЛЬНЫЕ КУРСЫ



## Combination Courses

These courses combine our standard Group or One-to-One courses with additional, more focussed study in a variety of business or cultural fields.

### Russian for Special Purposes (RSP)

These attractively-priced, professional courses are tailor-made for staff working in the following fields:

- Hotel and tourism (hospitality)
- Airline staff (flight attendants)
- Alpine ski instructors.

Students will join a standard group course (20 lessons per week) but receive an additional 5 One-to-One lessons per week tailored to their particular profession.

### Business Russian

This module of 5 afternoon lessons in mini-groups of up to 4 students can be taken year-round but can only be booked in addition to a full-time Group or One-to-one course programme.

Minimum level to enrol – A2.

This module gives useful language for everyday business situations: telephone calls, making appointments, running a meeting, dealing with clients. On higher levels it develops practical language skills within real business scenarios: presentations, negotiations, meetings and discussions.

## Internships

Liden & Denz is one of the first organisations to offer meaningful study and work programmes in Moscow and St. Petersburg. Although our staff supervise the students on their assignments, the experience with the host organisation is very authentic.

For legal reasons, all internships are unpaid and students should be aware that they will also need to cover accommodation and insurances costs.

To qualify for an internship, you will need to have at least an A2 level of Russian on arrival. You will also need to study for a minimum of four weeks in a standard Group Course or three weeks One-to-One in one of our institutes, prior to the start of the work assignment. The minimum age for internships is 18, however some organisations set a higher minimum. Internships can last from two weeks to three months, depending on the requirements of our host organisations.

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# ONLINE COURSES

Our live, online courses have the same teachers and lesson content as the residential classes in our institutes. Lessons are conducted in exactly the same way, ensuring you benefit from our award winning teaching methods. While these lessons are ideal for students who cannot attend our schools in person, they can also be used as preparation before a course at one of our institutes or for further study following a stay.

All you require is a computer with a microphone, a camera and an internet connection to see, hear and speak with your teacher, as if they were in the room with you. As well as conversing with your teachers in Russian, you will write and type grammar lessons, all from the comfort of your home or workplace.

**There are three main reasons why online lessons may be the right option for you:**

■ **Remote study**

If you can't come to one of our institutes, our teachers can come to your home or workplace via our online classroom.

■ **Course preparation**

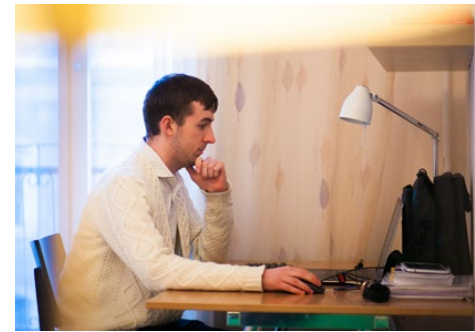
Make the most of your study time at our institutes by beginning your classes online before you leave home.

■ **Continued study**

Continue your classes online when you return home with the same teachers, to continue developing your Russian skills.

**Signing up is easy:**

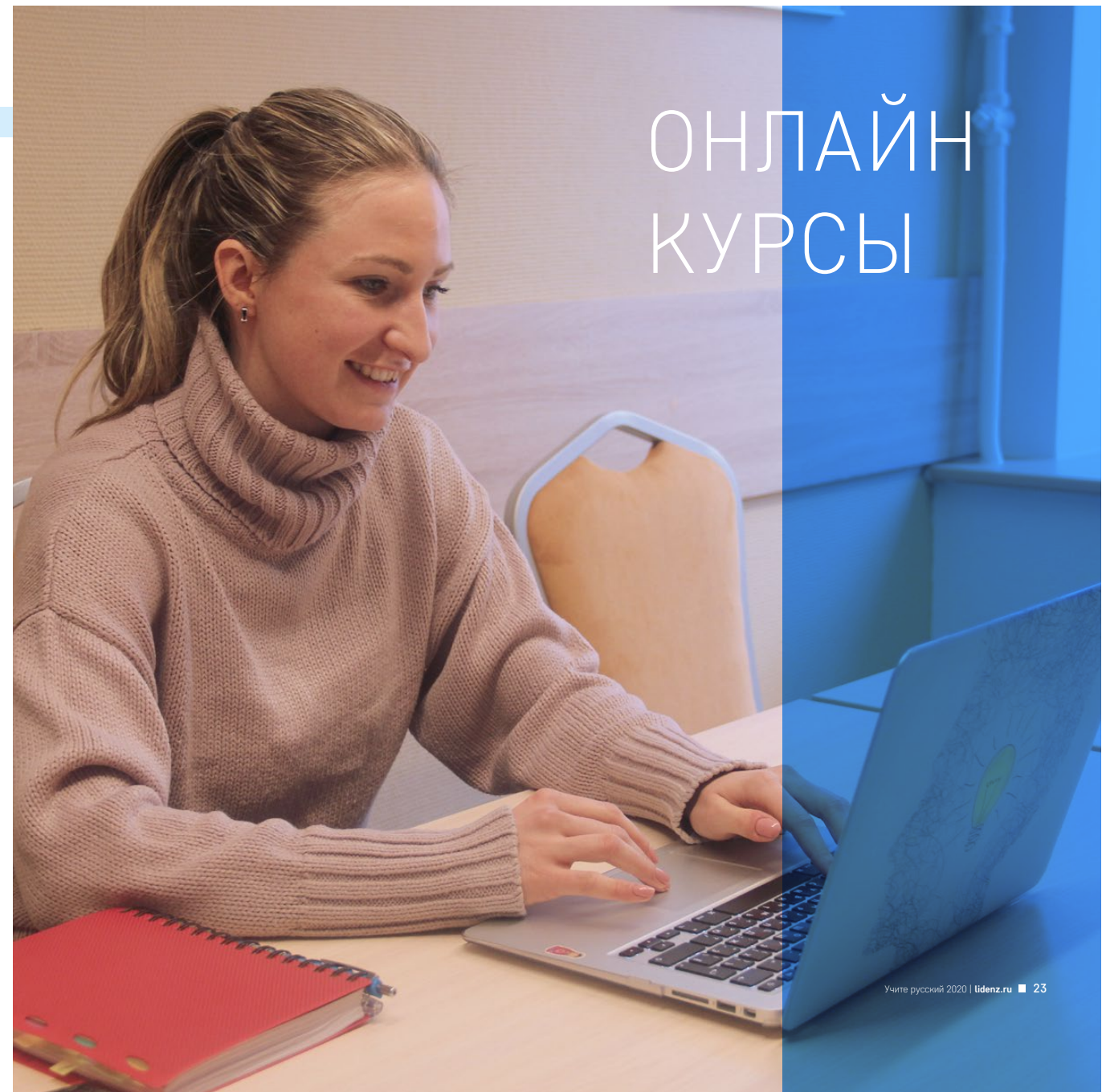
- Go to [learn-russian.com](http://learn-russian.com)
- Register or login if already registered
- Book your free trial lesson or buy/book more lessons
- Follow instructions in the confirmation email
- Login on the time and day your lessons starts
- Enjoy your first lesson!



*I would recommend on-line lessons with Liden & Denz for any Russian Language student, whether starting out as a beginner, or those who might already be studying and want to improve to a higher level.*

Jerry R. Baker  
USA

# ОНЛАЙН КУРСЫ



# ВАРИАНТЫ РАЗМЕЩЕНИЯ



*I'm very satisfied with my stay at Liden & Denz. My host family was very nice. Great hospitality, very helpful and a different breakfast every day!*

*Gundrun Grundmann, Germany*

## ACCOMMODATION OPTIONS

When you're miles from home, studying in a foreign country, it's important that you make the right choice of accommodation so that you feel comfortable and relaxed enough to make the most of your precious time. Whether you're looking to stay in a hotel, rent a studio apartment, share a student flat or experience everyday life with a Russian-speaking family with Homestay, at Liden & Denz we have a range of options to suit a variety of preferences... and budgets!



### ■ Homestay

Homestay, as the name suggests, is when you stay with a Russian-speaking family, in their home. Often this will be with a traditional family with children, however, we also have couples and single hosts.

The benefit of Homestay is that you can practice your new found language skills, while experiencing everyday Russian or Latvian life. Hosts are chosen because they are very sociable, so will take time to talk to you, as well as being patient, understanding and caring. They are also there to help with any problem that may arise during your Russian language stay.

We offer single rooms on a bed & breakfast or half board (breakfast and dinner) basis. If you are travelling with a family member or friend, we will do our best to provide you with a double room on request.

Hosts are personally known to the responsible staff member at the school and homes are regularly inspected to ensure high standards. Students are also given the chance to provide feedback through both entry and exit questionnaires.

### ■ Shared Flats

If you want to enjoy a true student experience, this could be the option for you. Our flats have 3 or 4 single bedrooms, a shared bathroom and a kitchen with a washing machine. Bed linen is provided and all the flats have free WiFi. This option is no more expensive than Homestay, however meals are not provided.

### ■ Hotels and Hostels

We are able to recommend a range of selected hotels and hostels; whether you are looking for accommodation in a great location, or that offers good value for money, or both. Contact us for further information.

### ■ Studio Apartments

If you want to live on your own, we can help you rent an apartment. We can email you details of available properties to help you choose before you travel.

Alternatively, you can stay with a host family or in a hotel for the first week to allow you to view apartments before you rent. Apartment prices are similar to rates for mid-range hotel rooms.

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## ACTIVITY PROGRAMME

Classroom studies are the main focus of our Russian language courses, but it's just as important to be given the opportunity to put your new-found language skills into practice. Our activity programme offers a range of free or inexpensive activities and excursions, to broaden your knowledge of your host city and to get talking in real life situations. From walking tours and museum visits, to weekend trips and Friday tea parties, we've got something for everyone!



### St. Petersburg

Wandering round the historic centre of St. Petersburg is one of the joys of this magnificent city, and our free walking tour will help you experience its many architectural delights. We also offer excursions to two of the Tsar's former residences — the Peterhof Palace and the Ekaterinsky Palace — where you will get a flavour of the opulence and majesty of life in imperial Russia. In addition, our programme includes a boat tour, Russian cookery lessons, a brewery excursion and trips to nearby Veliky Novgorod and Pavlovsk.



### Irkutsk

Unmissable excursions in Irkutsk include a day-trip along the Lake Baikal in a steam train and a beautiful journey via the Circum-Baikal Railway. We also organize excursions to Listvyanka, the closest place to Irkutsk on the Baikal shore, with a hike to the top of the mountain 'Kamen Cherskogo'. As well as trips to the eco-village 'Svetley Yar' and its enchanted 'Forest of Wonders', the 'Taltsy Museum of Architecture and Ethnography' and much more. Go rafting with us on the river Irkut, experience the beauty of the taiga and the crystal water of the river, and enjoy some fresh fish at the end of the day. Our cooking classes give you the opportunity to cook the delicious traditional Russian dish — pelmeni.



### Moscow

There's more to Moscow than the world famous Red Square, with the Kremlin and the iconic St Basil's Cathedral, though that's rightly top of most visitors wish list and part of our activity programme. From the towering 'Seven Sisters' skyscrapers to the rebuilt Church of Christ the Saviour, there are reminders of Russia's history under communist rule everywhere. Included in our schedule are trips to the world famous Moscow Zoo, Gorky Park, an open air cinema and a fascinating range of historic museums and galleries.



### Riga

Riga, Latvia's capital and the largest city in the Baltic States, has architecture which spans the centuries, most notably a medieval centre and one of the world's finest collections of Art Nouveau buildings. You will get to know the historical centre well during your time here, with tours to the Central Market, and rides around the city on the renovated tram. There are also excursions to the seaside suburb of Jurmala. On Fridays you can relax with your teachers as you enjoy a traditional Russian tea party.

*I went on a couple of tours through Liden & Denz and was really impressed with the standard. The tour guides are super enthusiastic and knowledgeable and there was not one dull moment! They also offer day trips outside the city which my friend highly recommended.*

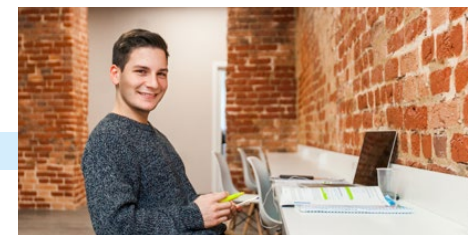
Claire Burchett,  
UK

# КУЛЬТУРНАЯ ПРОГРАММА



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## CHOOSE THE RIGHT COURSE

	Casual	Standard	Intensive	Combined	Individual	Academy
Location	St.Petersburg, Moscow	all campuses	all campuses	all campuses	all campuses	St. Petersburg
Lessons per week	15	20	25	20 (group) + 5 (individual)	15, 20, 30 or 40	24
Lesson schedule	15:00-17:50 Mon-Fri	10:00-13:40 Mon-Fri	10:00-13:40 Mon-Fri 14:30-16:35 2/week	10:00-13:40 Mon-Fri individual: 14:30-15:20	Full flexibility Mon-Sun	10:00-13:40 Mon-Fri 14:30-16:10 2/week
Levels offered	6 (A0-B1+)	8 (A0-B2+)	8 (A0-B2+)	8 (A0-B2+)	All (A0-C2)	8 (A0-B2+)
Language of instruction	Russian	Russian	Russian	Russian	On request	Russian
Certificate	Yes	Yes	Yes	Yes	Yes	Yes (joint certificate with academy)
Exam availability	Yes	Yes	Yes	Yes	Yes	Yes
Open for beginners	Yes	Yes	Yes	Yes	Yes	Yes
Free city-tour	Yes	Yes	Yes	Yes	Yes	Yes
Outdoor lessons	No	Yes	Yes	Yes	Yes	Yes
Weekly progress test	No	Yes	Yes	Yes	Yes	Yes
Year round availability	No	Yes	Yes	Yes	Yes	Yes
Free coursebook	No	Yes	Yes	Yes	Yes	Yes
Needs Analysis	No	No	No	Yes	Yes	No
Tailor-made study plan	No	No	No	No	Yes	No
Progress report	No	No*	No*	No*	Yes	No
Compensation for lost lessons	No	No	No	No	Yes	No

\* provided on request for courses of 6+ weeks

*A huge plus for me is the cultural and social activities that the school organizes. These programs are great, not just for the insight into the history and culture, but also because they provide an easy way to get to know the other students.*

*Joanne Beth Garfield, USA*

*I'm here for two weeks this time and I've been here many times. The fact I've come back many times means I highly appreciate the way they do things here. It's a good combination of Swiss and Russian professionalism and thoroughness!*

*Lodovico Simone, Italy*






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Intercultural Institute of Languages





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
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