



# YOUNG ADULTS IN BARCELONA

Our boutique Spanish immersion summer program welcomes international students to beautiful Barcelona. This sunny Mediterranean metropolis in northeast Spain delights visitors with its friendly people, vibrant culture, and artistic atmosphere.

With small Spanish classes, engaging cultural activities, and essential life skills workshops, our students enjoy the perfect blend of personal growth and cultural discovery. Young adults will come away empowered with better language skills, a stronger sense of self-reliance, new friends from around the world, and memories to last a lifetime.

✓ Ages 16-20	✓ 20 Spanish lessons per week
✓ 1, 2, 3, or 4 weeks	✓ 1 Life Skills Workshop per week
✓ Overnight or day program	✓ 4 cultural and social activities per week.
✓ Host family or student residence	✓ 24/7 emergency helpline



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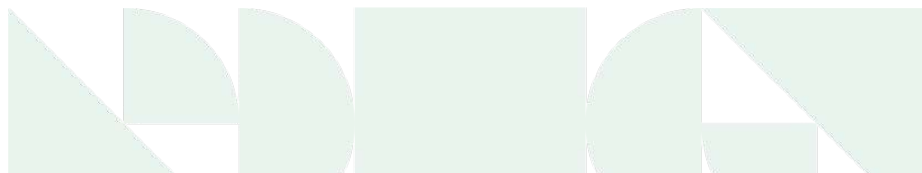
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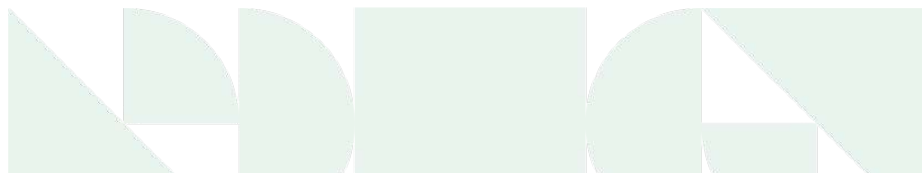
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## Why Choose Expanish?

Our summer programs are about much more than practicing Spanish and exploring a new country. By learning and growing alongside international peers, young adults build self-confidence and gain a fresh perspective on the world and themselves.

### We always put safety first

At Expanish, our students' safety and well-being is always top of mind. That's why all our summer programs include travel insurance as well as a 24/7 emergency helpline students can call at any time.

### We have innovative Life Skills Workshops

These are designed to empower young adults and help foster independence, with topics ranging from public speaking in Spanish to cooking, mindfulness, environmental awareness, budgeting, and more.

### We are Expanish!

Expanish has more than 18 years of experience offering award-winning Spanish language and culture immersion programs in boutique schools. We are proud to have helped more than 20,000 students become part of the Spanish-speaking world.



### We know smaller is better

All of our Spanish classes have a maximum of 16 students, ensuring strong teacher-student relationships, personalized attention, and frequent student participation.

### We take learning beyond the classroom

Young adults gain a deeper understanding of both language and culture with afternoon, evening, and weekend activities.

### We value diversity



Our summer programs welcome multicultural students from all corners of the globe.



### We make you feel at home




Students can choose to stay in our comfortable and modern student residence or, for a more immersive experience, with a friendly local host family.




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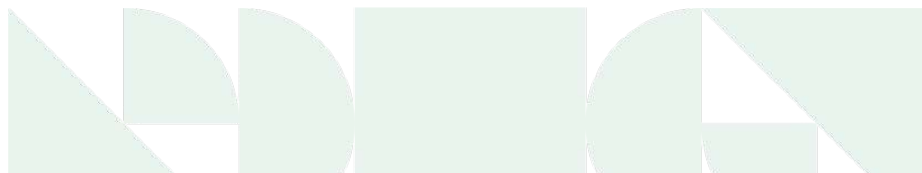
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## Safety

### Travel health insurance

All young adult students have travel health insurance included in their program.

### Health, safety, and support services

#### For students under 18

- Class attendance is compulsory
- Homestay only
- 24/7 emergency phone
- **Alcohol, tobacco, and drugs are prohibited.** Possession or consumption will result in immediate expulsion from the program without refund. Any extra costs incurred must be paid by the student (transfer, new flight, escort service for minors, etc.).
- Individual weekly check-ins with staff
- Students may not go out at night unsupervised
- 11 pm curfew at homestays



#### For students 18 and older



- Class attendance is compulsory
- Homestay or student residence
- 24/7 emergency phone
- **Drugs are prohibited.** Possession or consumption will result in immediate expulsion from the program without refund. Any extra costs incurred must be paid by the student (transfer, new flight, etc.).









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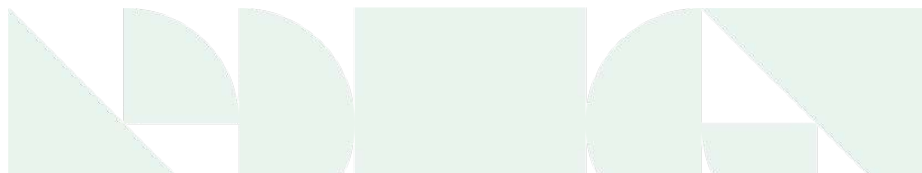
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## Spanish Courses

Our personalized, engaging, and student-focused educational program is designed to immerse young adults in a dynamic learning experience.

**Our teachers, all certified and native Spanish speakers,** follow a lighthearted and playful approach, ensuring classes are enjoyable and interactive. Each teacher brings a wealth of experience to create a vibrant and effective learning environment.

- 20 group lessons/week taught entirely in Spanish
- 1 lesson - 50 minutes
- Maximum 16 students/class
- All Spanish levels welcome (A1 to C2)
- All class material is included
- Classes are held at Expanish language school in the heart of Barcelona

### Each week:

#### 16 Spanish Lessons in the Classroom

- Speaking, listening, reading, writing, and intercultural dynamics

#### 2 Group Project Sessions

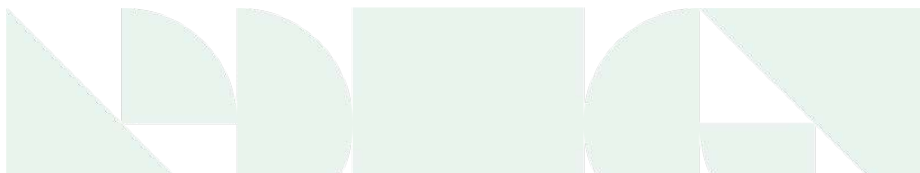
- Create a tourist guide for a city, prepare and present arguments in a debate, compete in a trivia challenge about the Spanish-speaking world, etc.

#### 2 Spanish in Action Activities

- Immersive experiences in Barcelona (in a store, market, bakery, ect.) to practice using Spanish in real-life settings



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## Life Skills Workshops

One interactive session is held each week for students to build soft skills and learn tips to live like a local, for example:

### Mediterranean Mindfulness and Well-Being

Principles of a healthy Mediterranean lifestyle for mental, emotional, and physical well-being

- ✓ Practice meditation, deep breathing, and mindful eating
- ✓ Gain healthy habits: a balanced diet, regular physical activity, and stress management

### Budgeting, Cooking, and First Aid

Essential life skills that are critical for everyday independence

- ✓ Manage personal finances with budgeting, saving, and smart spending habits
- ✓ Prepare simple, healthy meals with hands-on basic cooking sessions
- ✓ Gain basic first-aid skills: respond to common emergencies, CPR, and treat minor injuries

### Intercultural Communication: Verbal and Non-Verbal Tricks

Enhancing communication skills in Spanish, English, and other languages present in the group

- ✓ Improve language skills through conversation, debate, and role-playing
- ✓ Learn about body language, facial expressions, and other non-verbal cues

## Cultural and Social Activities

After Spanish lessons, dive into a variety of activities designed to help make new friends and experience local culture.

- From walking tours and cooking classes to sports events, there's always something exciting happening.
- Regular excursions, day trips, and weekend excursions allow you to explore beyond Barcelona and discover the region's attractions.
- A day trip is included for every 2-week program, ensuring students get the most out of their stay.

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## Accommodation

The overnight program has two housing options: homestay and student residence.

### Homestay

For a more immersive experience, live with a local family and practice your Spanish daily. Breakfast and dinner included. *\*Homestays are mandatory for students under age 18*



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## Yugo Garbí Student Residence



Enjoy a comfortable and modern living space with breakfast and dinner included.



*\*Only available for students age 18 and over*









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
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## Transportation

 **Airport Transfers** - Expanish will provide a flight arrival window for students to use our group transfer service at **€90 per way**. All flight details are required 15 days before arrival at the latest.

 **City Travel** - Students will travel by private or public transportation and this is covered by the program fees.

## Prices

CAMP OPTION	1 week	2 weeks	3 weeks	4 weeks
OVERNIGHT CAMP - RESIDENCE	€1,050	€2,100	€3,150	€4,200
OVERNIGHT CAMP - HOMESTAY	€900	€1,800	€2,700	€3,600
DAY CAMP	€550	€1,100	€1,650	€2,200

PROGRAM START DATE	6th, 13th, 20th or 27th July	6th, 13th or 27th July	6th or 13th July	6th July

### OVERNIGHT PROGRAM INCLUDES

- ✓ Registration fee
- ✓ Travel health insurance
- ✓ Accommodation with host family or in student residence
- ✓ Breakfast and dinner at accommodation
- ✓ Spanish course: 20 lessons/week
- ✓ 4 afternoon and evening social and cultural activities per week
- ✓ 1 life skills workshops per week
- ✓ Day trip weekend excursions (only for students staying 2 weeks or more)
- ✓ Welcome pack

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## DAY PROGRAM INCLUDES

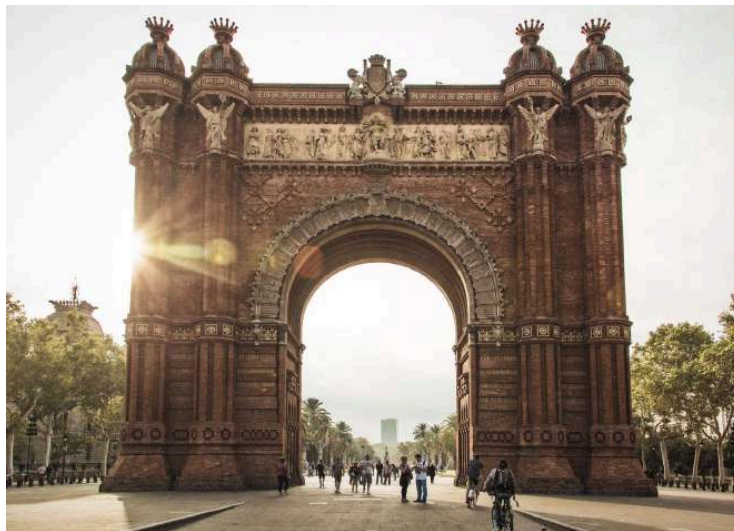
- ✓ Registration fee
- ✓ Travel health insurance
- ✓ Spanish course: 20 lessons/week
- ✓ 4 afternoon and evening social and cultural activities per week
- ✓ 1 life skills workshops per week
- ✓ Day trip weekend excursions (only for students staying 2 weeks or more)
- ✓ Welcome pack

### Requirements:

Only students staying with a parent or guardian may enroll in the day program. Transportation to and from class is not included.



## NOT INCLUDED IN OVERNIGHT OR DAY PROGRAM



- ✗ Airport Transfers (€90 per way)
- ✗ Flights
- ✗ Visa fees (if applicable)
- ✗ Lunch, snacks
- ✗ Public transportation pass (10-ride pass is about €12.15)
- ✗ Personal expenses (Expanish recommends €80 to €100 of pocket money per week)






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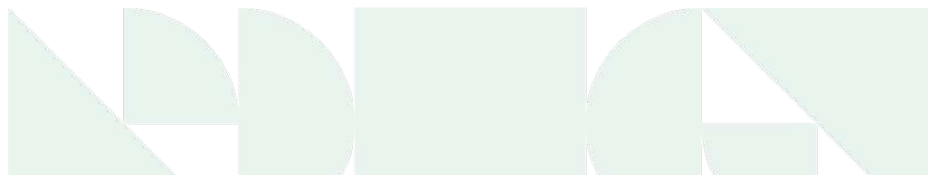
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## Sample Week Schedule

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 am - 9:00 am	BREAKFAST						
9:30 am - 1:20 pm	SPANISH CLASS						
1:30 pm - 6:30 pm	FREE TIME						
5:00 pm - 8:30 pm	<b>ARRIVAL DAY</b>  Relaxed meet and greet where you'll get to know your new classmates over a refreshing drink. Led by our coordinator, this dynamic session includes fun icebreaker activities that will help you start building friendships.	<b>CULTURAL &amp; LEISURE ACTIVITY</b>  Getting to know the city and its culture taking a guided walk around the most iconic neighbourhoods, having a volleyball afternoon or relaxing with a yoga class.	<b>WORKSHOP - FEEL LIKE A LOCAL</b>  Intercultural Communication: Spanish & Catalan Social Customs or Mindfulness and Well-Being Workshop: Mediterranean healthy lifestyle	<b>GASTRONOMIC &amp; SOCIAL ACTIVITY</b>  Learn how to make your own sangría or cooking the famous Spanish paella along with your classmates in this fun gastronomic activities!	<b>GRADUATION CELEBRATION</b>  We are wrapping up the week and farewelling those students on their last day of the experience.	<b>DAY TRIP</b> TO GIRONA & COSTA BRAVA BEACH or TO ROMAN CITY TARRAGONA & BEACH or SITGES & BEACH	
From 8:30 pm	DINNER AT ACCOMMODATION						

\* SATURDAY: Students finishing their stay will have a different schedule for that day; check out and transfer to the airport.



→ For more information or to reserve your spot, please contact us.

**We hope to see you in Barcelona this summer!**

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