

# PROGRAMME TIMETABLE



## PORTO UNICAMP

1ST WEEK

time/day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
07:30 — 08:00	Arrival of new students	Wake up						
08:15 — 08:45		Breakfast at the hotel residences						
09:00 — 12:30		Bus tour of Porto	Placement test/Lessons					
13:00 — 14:00	Introductory meeting-Beach	Lunch at the restaurant						
14:30 — 15:30		Rest at the residences				Guided Excursion to Guimaraes	Porto Quest and shopping	Surfing
16:00 — 18:00		Beach	6 Bridges Boat trip	Beach and shopping				
18:00 — 19:00	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	
19:00 — 19:45	Dinner							
19:45 — 20:30		Fun activities on site/Free time						
20:30 — 22:30	Bed time							
22:30 — 23:00								

other
activities
food time
lessons
wake up/bed time

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<https://www.languagecourse.net/school-english-quest-camps-porto.php3>

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# PROGRAMME TIMETABLE



## PORTO UNICAMP

2<sup>ND</sup> WEEK

time/day	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	
07:30 — 08:00	Wake up							
08:30 — 09:00	Breakfast/ Transfer to adventure park	Breakfast						
09:00 — 12:30	Mountain e-bike Rope park Sliding car	Zipline Fantasticable Paintball	Lessons				End of programme/ Departure	
13:00 — 14:00		Lunch						
14:00 — 16:00		Paintball Free time		Rest at residences				
16:00 — 18:30	Transfer back to Porto	Transfer back to Porto	Beach	Climbing the bridge	Excursion to Aveiro "Portuguese Venice"	Water park		
18:30 — 19:30	Prepare for dinner			Prepare for dinner				
19:30 — 20:30	Dinner							
20:30 — 21:00	Fun activities on site/Free time					Walk old town		
21:00 — 22:30								
22:30 — 23:00	Bed time							

other  
 activities  
 food time  
 lessons  
 wake up/bed time

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