

Times	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00 - 8.00	Breakfast							
8.00 - 9.00	Travel to activity or class							
9.00 - 12.00	Arrivals and Departures	ENGLISH OR ACTIVITY - 1. M.A. Surfing 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Waterworld 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Forest Adventure 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Kayaking at MULLaghmore 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Organic Center and Waterfall Hike 2. Surfing 3. Riding	9.30am Leave for full day Excursion	Arrivals and Departures
12.00 - 13.00	First Lunch sitting 12.30pm						Packed Lunch	
13.00 - 14.00	Second lunch sitting 1.15pm							
14.00 - 17.00	Arrivals and Departures	ENGLISH OR ACTIVITY - 1. M.A. Surfing 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Waterworld 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Forest Adventure 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Kayaking at MULLaghmore 2. Surfing 3. Riding	ENGLISH OR ACTIVITY - 1. M.A. Organic Center and Waterfall Hike 2. Surfing 3. Riding	Shopping in Town and return to DELS for 5pm	Arrivals and Departures
		Host Family Bus collection		All on Campus	Host Family bus collection			
17.00 - 18.00	First Dinner Sitting							
18.00 - 19.00	Second dinner sitting							
19.00 - 21.00	Arrivals and Departures	Evening Activity - Creative Theme	Evening Activity Sports Theme	Evening Activity Bowling	Evening Activity Environmental Theme	Evening Activity - Social theme	Disco	7.30 first dinner sitting 8.30pm second dinner sitting
21.00 - 22.00	Free time before bed							
22.00 - 23.00	Bed time - lights out 23.00							

  

Multi Activity Alternates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Excursion
Week 1	Surfing and Surf Fitness and safety	Castle Adventure farm	Forest Adventure Horse shoe	Kayaking and Supping at Mullaghmore	Organic Farm and Waterfall hike	Sliabh League Cliffs and Shopping Donegal Town
Week 2	Surfing and Surf Fitness and safety	Local Hands Craft Workshop	Forest Adventure Ben Bulben	Kayaking and Supping at Mullaghmore	Foraging	Queen Maeves Grave and Shopping in Sligo
Week 3	Surfing and Surf Fitness and safety	Waterworld indoor water park	Forest Adventure Bunduff River Falls foraging	Kayaking and Supping at Mullaghmore	Organic Farm and Waterfall hike	Derry City Murals Tour and shopping
Week 4	Surfing and Surf Fitness and safety		Forest Adventure Tawley Mass Rock		Foraging	Bodborg Escape Rooms at Lough Key Forest Park and Carrickonshannon
Week 5					battle archery	Trampoline Park and Letterkenny shopping

Evening Activities Options	Monday Creative theme	Tuesday Sports theme	Wednesday	Thursday Environmental Theme	Friday Social Theme
Option 1	Irish Baking	Soccer	Cinema / Bowling	Carbon Calculating	DELS got Talent
Option 2	T Shirt Design	Gaelic Games	Cinema / Bowling	Recycling Jewellery making	Beach party
Option 3	Jewelry making	Tag Rugby	Cinema / Bowling	Tree Planting	Irish Dancing
Option 4	Drama Workshop	Dodgeball	Cinema / Bowling	Beach Clean	Free Time
Option 5	Blind Painting	Volleyball	Cinema / Bowling	Tidy Town Project	Bun Baking Comp
Option 6		Battle Archery	Cinema / Bowling		Student Photo

